Pediatric Ear, Nose & Throat Specialists™

POST-OP INSTRUCTIONS

SEPTAL CAUTERY

NORMAL POST-OPERATIVE COMPLAINTS

- May have nasal discomfort and congestion for 7-10 days
- Some bloody drainage is possible after surgery
- May have irritation from cauterized blood vessels where scabs have formed

CALL OUR OFFICE IF YOU NOTICE ANY OF THE FOLLOWING

OFFICE TELEPHONE # 727-329-5400
SURGICAL EMERGENCIES # 727-562-6858

- Excessive bleeding from nose
- Pain not relieved by Tylenol or Motrin

HOME CARE INSTRUCTIONS

- Excessive nosebleed
- Pain not relieved by Tylenol or Motrin Home Care Instructions
- May return to school next day
- Keep head elevated and cool mist humidifer in room at night
- Avoid nose blowing for 2 weeks after procedure
- Avoid picking at scabs in nose
- For a nosebleed use Afrin 2 squirts to each nostril twice a day for 3 days and contact our office
- Avoid strenuous activity and PE for 7 days after procedure
- Apply a thin coat of antibiotic ointment to nares 2 times daily for 2 weeks

Notes/Questions:

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