Pediatric Ear, Nose & Throat Specialists™

# POST-OP INSTRUCTIONS

# FOLLOWING NECK SURGERY

## (including Thyrogossal Duct Cyst, Branchial Cleft Cyst, Cervical Node)

### NORMAL POST-OPERATIVE COMPLAINTS

- Minimal discomfort at surgical site
- May have some pain with swallowing. This should resolve within a few days
- May have slight drainage from the surgical site

### CALL OUR OFFICE IF YOU NOTICE ANY OF THE FOLLOWING

**OFFICE TELEPHONE # 727-329-5400**
**SURGICAL EMERGENCIES # 727-562-6858**

- Excessive swelling, pain or drainage from surgical site
- Increased redness from surgical site
- Pain not relieved with tylenol or motrin
- Difficulty swallowing
- Persistent Nausea/Vomiting

### HOME CARE INSTRUCTIONS

- May return to school 48 hours after surgery
- No heavy lifting,organized sports or P.E. for 3-4 weeks after surgery
- Keep incision clean and dry for one week. May remove outer dressing at this time
- After one week you child may shower and gently clean incision site with warm, soapy water. Steri strips will loosen, ends will curl and fall off
- If surgical glue used , may shower over incision at any time
- Apply sunscreen to healed surgical site to minimize scarring

Notes/Questions:

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