POST-OP INSTRUCTIONS
FOLLOWING NECK SURGERY
(including Thyrogossal Duct Cyst, Branchial Cleft Cyst, Cervical Node)

NORMAL POST-OPERATIVE COMPLAINTS
• Minimal discomfort at surgical site
• May have some pain with swallowing. This should resolve within a few days
• May have slight drainage from the surgical site

CALL OUR OFFICE IF YOU NOTICE ANY OF THE FOLLOWING
OFFICE TELEPHONE # 727-329-5400
SURGICAL EMERGENCIES # 727-562-6858
• Excessive swelling, pain or drainage from surgical site
• Increased redness from surgical site
• Pain not relieved with tylenol or motrin
• Difficulty swallowing
• Persistent Nausea/Vomiting

HOME CARE INSTRUCTIONS
• May return to school 48 hours after surgery
• No heavy lifting, organized sports or P.E. for 3-4 weeks after surgery
• Keep incision clean and dry for one week. May remove outer dressing at this time
• After one week you child may shower and gently clean incision site with warm, soapy water. Steri strips will loosen, ends will curl and fall off
• If surgical glue used, may shower over incision at any time
• Apply sunscreen to healed surgical site to minimize scarring

Notes/Questions:
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