POST-OP INSTRUCTIONS
CLOSED REDUCTION OF NASAL FRACTURE

NORMAL POST-OPERATIVE COMPLAINTS
• Your child will experience significant nasal congestion
• Your child may have some blood tinged nasal drainage. Wipe what you can see
• Your child may have some slight swelling/bruising
• Take pain meds as directed

CALL OUR OFFICE IF YOU NOTICE ANY OF THE FOLLOWING
OFFICE TELEPHONE # 727-329-5400
SURGICAL EMERGENCIES # 727-562-6858
• Excessive bleeding from nose
• Splint comes off prematurely and you are unable to reapply
• Pain not relieved by Tylenol or Motrin

HOME CARE INSTRUCTIONS
• May return to school the following day
• No PE or organized sports for 2 weeks
• OK to shower the next day. Try to limit the shower water falling directly on the nose
• If splint loosens, reinforce with tape for at least 7 days
• May remove tape over nose after 7 days
• Keep head elevated
• Cool mist humidifier at night to help with congestion

Notes/Questions:
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