Pediatric Ear, Nose & Throat Specialists™

POST-OP INSTRUCTIONS

CLOSED REDUCTION OF NASAL FRACTURE

NORMAL POST-OPERATIVE COMPLAINTS

- Your child will experience significant nasal congestion
- Your child may have some blood tinged nasal drainage. Wipe what you can see
- Your child may have some slight swelling/bruising
- Take pain meds as directed

CALL OUR OFFICE IF YOU NOTICE ANY OF THE FOLLOWING

OFFICE TELEPHONE # 727-329-5400
SURGICAL EMERGENCIES # 727-562-6858

- Excessive bleeding from nose
- Splint comes off prematurely and you are unable to reapply
- Pain not relieved by Tylenol or Motrin

HOME CARE INSTRUCTIONS

- May return to school the following day
- No PE or organized sports for 2 weeks
- OK to shower the next day. Try to limit the shower water falling directly on the nose
- If splint loosens, reinforce with tape for at least 7 days
- May remove tape over nose after 7 days
- Keep head elevated
- Cool mist humidifier at night to help with congestion

Notes/Questions:

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