



## **POSTOP INSTRUCTIONS** **MYRINGOPLASTY**

### **NORMAL POSTOP COMPLAINTS**

- Bloody or watery drainage the ear for 1-2 days.
- Noise (popping/crackling) in the ear.

### **CALL OUR OFFICE IF YOU NOTICE ANY OF THE FOLLOWING**

**OFFICE TELEPHONE # 727-329-5400**  
**SURGICAL EMERGENCIES # 727-562-6858**

- Drainage from ear for more than 3 days.
- Drainage with odor from the ear.
- Fever greater than 102 degrees that does not respond to Acetaminophen (Tylenol) or Ibuprofen (Advil/Motrin).
- Pain not relieved by pain medication.
- Dizzy sensation.

### **HOME CARE INSTRUCTIONS**

- May return to school the next day.
- No nose blowing for 4-6 weeks after surgery.
- Sneeze with mouth open.
- No swimming for 2 weeks. Use earplugs for swimming after second week.
- May bathe/shower next day- with ear protection: Use Vaseline and cotton ball to ear for bath or shower.
- No water in ear until it is completely healed.
- No flying for 2 weeks.
- No P.E. or recess for 2 weeks.

Notes/Questions:

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