POSTOP INSTRUCTIONS
EAR SURGERY

NORMAL POSTOP COMPLAINTS

- Bloody or watery drainage from incision behind the ear for 1-2 days.
- Clear pink or bloody drainage from the ear for 2-3 weeks. (Will soak cotton balls).
- Feeling of fullness in the ear with popping sounds.
- Numbness or tingling in the ear for 4-6 weeks.
- Noise (popping/crackling) in the ear.

CALL OUR OFFICE IF YOU NOTICE ANY OF THE FOLLOWING

OFFICE TELEPHONE # 727-329-5400
SURGICAL EMERGENCIES # 727-562-6858

- Drainage from incision behind the ear for more than 3 days.
- Drainage with odor from the ear.
- Fever greater than 102 degrees that does not respond to Acetaminophen (Tylenol) or Ibuprofen (Advil/Motrin).
- Pain not relieved by pain medication.
- Develops a bad cold.
- Dizzy sensation.

ACTIVITY RESTRICTIONS

- No strenuous activity for 4-6 weeks. Avoid lifting or bending.
- No school for 1 week.
- No hair washing for 1 week. (Until seen by physician at postop visit)
- No water in the ear until completely healed.
- No nose blowing for 4-6 weeks after surgery.
- Sneeze with mouth open.
- No swimming until cleared or seen by physician.

HOME CARE INSTRUCTIONS

- Clean incision area with a solution of 1 part hydrogen peroxide and 1 part water on a Q-tip 2 times a day. Apply a thin layer of antibiotic ointment (Polysporin/Neosporin/ or Generic) with a Q-tip.
- Change cotton ball in ear as it becomes saturated with drainage.
- If discharged home with a cup dressing or banded ear wrap dressing apply only at night and during naps.
- Schedule a post-operative appointment in 7-10 days.

Notes/Questions:

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