



## **POSTOP INSTRUCTIONS**

### **TRAGAL CARTILAGE TYMPANOPLASTY**

#### **NORMAL POSTOP COMPLAINTS**

- Feeling of fullness in the ear with popping sounds.
- Noises (popping/crackling) in the ear.

#### **CALL OUR OFFICE IF YOU NOTICE ANY OF THE FOLLOWING**

**OFFICE TELEPHONE # 727-329-5400**

**SURGICAL EMERGENCIES # 727-562-6858**

- Drainage from the ear after 2 weeks.
- Fever greater than 102 degrees that does not respond to Acetaminophen (Tylenol) or Ibuprofen (Advil/Motrin).
- Pain not relieved by pain medication.

#### **HOME CARE INSTRUCTIONS**

- Quiet activity for 1 week.
- Gradually increase activity after 1 week.
- No nose blowing for two weeks after surgery.
- Sneeze with mouth open.
- May swim with ear plugs after 2 weeks.
- Keep ear dry.
- May bathe/shower next day- with ear protection: Vaseline and cotton ball to ear for either bath or shower.
- Ointment to tragal incision 2 times a day for 5 days.
- Schedule a post-operative appointment in 3 weeks.

Notes/Questions:

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